

## Group Safety Aspects on our Walks

We should like to remind all our Ramblers about **3** important aspects of safety on our walks.

1. On **all** our walks; at levels A, B, or C the **leader** will appoint a **back-marker**. Please ensure that you know who the back marker is and make sure that whilst on the walk you remain between the leader and the back-marker.
2. If you have any problems or you see someone else with problems, please let either of these 2 people know so that the walk can be adjusted accordingly and provision can be made.
3. Please try to choose a walk that you are capable of doing so that you can enjoy yourself and not be the cause of any delays and concern within your group. If you are uncertain about the demands of the walk, please consult the leader who will advise you.

Thank you for your consideration and please enjoy your walking.

General Committee, Liverpool Group

5<sup>th</sup> September 2011

